



NEWS RELEASE

FOR IMMEDIATE RELEASE

March 27, 2018

Natural Health Care Topic of Gettysburg Adams Chamber's April 12 Lunch & Learn

Gettysburg, Pa. – The Gettysburg Adams Chamber of Commerce, Adams County's oldest and largest business organization, invites the local community to its next Lunch and Learn program "A Paradigm Shift in Health Care," Thursday, April 12, from 11:30 a.m.-12:20 p.m.

The program is held at the chamber office, 1382 Biglerville Road, Gettysburg. Attendees are encouraged to bring their lunch to enjoy during the presentation.

Learn how integrative medicine/functional medicine is the new age of evidence-based natural health care, based on the concept that medicine and health care should be patient focused and not disease focused. Take control of your health and reach your health goals by forming a therapeutic partnership with your doctor.

Presenter Dr. Smitha Nair is a board certified family physician who practices at Aura Integrative Medicine in Gettysburg. She is currently doing her Integrative Medicine Fellowship through the Arizona Center for Integrative Medicine under noted physician Dr. Andrew Weil. She has completed training through the Institute of Functional Medicine, the first of many steps to become a certified functional medicine practitioner. Her interest is to address physical as well as lifestyle, emotional and spiritual needs of patients, getting to the root cause of problems and using compassion and care to heal her patients.

Registration is free to chamber members and \$10 for future members. To register, visit gettysburg-chamber.org or call 717.334.8151.

About the Chamber: Chartered in 1919, the Gettysburg Adams Chamber of Commerce is Adams County's oldest and largest business organization. The chamber supports and strengthens its members and the Adams County area by promoting diverse economic opportunities through advocacy, building relationships, providing timely information and developing leaders for the future. Nearly 530 local businesses and organizations have made an investment in Adams County through membership. For more information or to join the chamber, visit www.gettysburg-chamber.org.

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